

# BLUE RIDGE LEDGER

NEWSLETTER OF THE

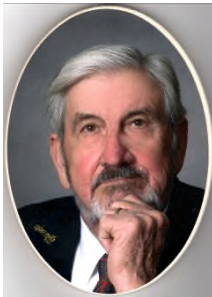


SPECIAL EDITION 1

GLEND A. M. ANGUS, EDITOR

DEC 2013

## COMMENTS FROM THE PRESIDENT



Dear Frank and Family,  
Gail and I were, and still are, so saddened to learn of Isabel's passing and our thoughts and prayers will continue to go out to you and your family.

I know the past several weeks have been tough ones for you and you are to be commended for the care you gave Isabel during this time. I realize I don't have to tell you what a wonderful person she was but I would like to share some of both Gail and my feelings about her.

When we met you and Isabel at Lazy Days many years ago I noticed there was something very striking about Isabel, which was her smile. It was such a warm, pleasant, gentle, caring smile and it was so obvious that it expressed her feelings directly from her heart. I think all our smiles whether they are warm, pleasant, imitation, half smile, I just gotta smile but I don't want to, or completely fake are directly connected to our heart and show our true feeling. It's hard to fake that feeling and there was never a doubt in Isabel's smiles. And the thing that was so wonderful about Isabel is that it never changed over the years, no matter the circumstance or situation. Gail often said Isabel was one of her favorite people and I shared that feeling. What a wonderful person and friend.

Someone once told me after the loss of a grandson that death of a loved one was kind of like standing at the oceans edge and all of a sudden a large super wave hits you and knocked you flat on your back. It was very painful and the pain

would not immediately go away it would take time to heal as all wounds do and it would leave a scar as all wounds do. However with time the waves would get smaller and smaller but be prepared for another big wave, not as big as the original one, would hit you again. As time passes the frequencies of these large waves would lengthen. I have found that this comparison is so true.

I know Isabel had a good time at the Charleston rally but also knew she was in a lot of pain. What a brave and strong person she was. When we said our good byes and told her to get checked out she said "don't worry I will be ok". I can't help but believe she knew what was ahead for her.

We have prayed hard each day since then that God would lay a healing hand on her however we must accept it was not his plan for her.

I think if we could hear her now she would still be saying "Don't worry about me, my pain is gone, so are all my worries and concerns as I am now in a beautiful place God has prepared for me, its called heaven. Hope to see you all again in the future. I must go now to visit some of my family and friends that have come before me".

Stay strong and God Bless You.

*Glenn & Gail Camp*

## SPECIAL POINTS OF INTEREST

*A wonderful mother, wife,  
grandmother, friend*

*A smile that lit up the  
room*

*Generous and Caring*

*To know her, is to love her*

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**To all of our Blue Ridge Discoverys family and the DOAI.**

I have not idea how to say or pass this on, but here goes....

Isabel, my beloved wife for 49 years and 10 months passed away yesterday morning. She had been fighting health problems for the past two years and was under going treatment for cancer. My self and our oldest son were by her side when she passed. I know Jesus received her with open arms and a big smile as he had just acquired a perfect angel. She will be missed dearly by myself, our three sons, their wives and our beautiful and loving seven grand children.

I would like to thank each of you all for the prayers, thoughts and cards that were sent to Isabel. She read each card several times.

A memorial will be held on Friday, December 27 here in Chuckey, TN. Jeffers Funeral Home of Greeneville, TN is handling all the arrangements. ([www.jeffersmortuary.com](http://www.jeffersmortuary.com)) The service and visitation will be held at the Jeffers Funeral Home annex, Afton, TN. The annex is located at the intersection of TN HWY 11E and Stone Dam Road. Visitation will be at 3pm with a short service at 4 pm. Friends and family are invited to return to Frank and Isabel's home (1917 Stone Dam Road) for a social gathering to celebrate Isabel's life. Light refreshments will be served.

In lieu of flowers donations can be made in Isabel's name to the American Cancer Society. Please use the following web page to donate to American Cancer Society and share a note or story about how Isabel has inspired or touched your life:

[http://main.acsevents.org/goto/Isabel\\_Cason](http://main.acsevents.org/goto/Isabel_Cason)

Frank Cason





## Obituary for Isabel V. Cason

May 7, 1944 - December 20, 2013

Isabel V. Cason, age 69, of Chuckey passed away Saturday, December 20, 2013 at Laughlin Memorial Hospital. Mrs. Cason is survived by her Husband: Frank Cason. 3 sons and 3 daughters-in-law: Henry F. Cason II and Maya Cason of Vienna VA. Carlos M. Cason and Kris Cason of Woodstock, GA. Sean Cason and Christine Cason of Centreville VA. 7 Grandchildren: Kyle Cason, Zachary Cason, Virginia Cason, Nicole Cason, Abigail Cason, Spencer Cason, and Wesley Cason. She was preceded in death by her Parents: Dr. Carlos Salvado and Elizabeth Moore Salvado. Family and friends will gather at Jeffers Funeral Chapel at Afton at 3 PM Friday, December 27, 2013. A memorial service will follow at 4 PM in the Chapel. In Lieu of Flowers, donations may be made to a Cancer society or association of the donor's choice..

“If I could reach up and hold a star for every time you’ve made me smile, the entire evening sky would be in the palm of my hand”





# In Memory

It is with great sadness that we say good bye to Isabel Cason. We know that she is at peace, without pain, and in a better place. A beautiful lady inside and out and a generous person who was always willing to share - - whether it was her handy man husband, wonderful cooking, or a helping hand. She was the matriarch of our group who we are proud to say was a very dear friend and consider her part of our family. From Florida to Nova Scotia and all points in between, we have had a great run and will miss her dearly. We know she will save a good parking spot for us in heaven with a great view, full amenities, and we will see her at her coach at happy hour! God bless Isabel.

Hank and Eileen Haden



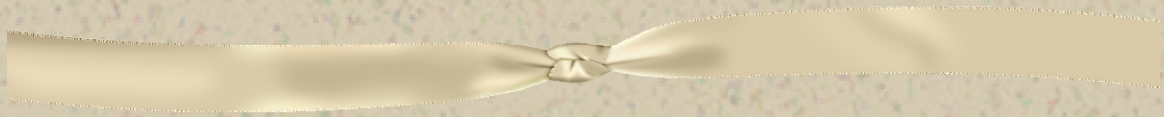


# In Memory



Isabel had a special smile and she cared for everyone. She was proud of her guacamole and was always willing to share her recipe with anyone who asked. I would pick on her when she did not make it. Isabel worked with Linda in Florida to teach her how to make guacamole. Isabel always said you had to use just the right ingredients for everything to come out - and of course it did. It was the greatest! Truly we will all miss her.

(Richard Money)



We all can remember having a pot luck dinner and Isabel would have brought enough to feed the whole bunch of us. At Bull Run this last fall, when we had spaghetti, she insisted that I find a jar to take the leftover sauce, which I did and a month later while fixing Anne and I spaghetti, I used it up. It was still delicious, and in a phone conversation I told her I was out of sauce! Our hearts go out to Frank and the families loss

(Bill & Anne Humphrey)





# Cherished Memories

Even though I didn't meet Isabel until 2007, it seemed as though we had been friends forever. To know her was to love her! She had that effect on people.

Since RVing was new to us, she taught me many things and shared some of her many recipes with me. As we all know, she had particular brands and type of food she used and would accept no substitutes. On several occasions she gave me items out of pantry to make certain I used the things that worked for her.

The times we spent with Isabel and Frank were special and we will always treasure them.

Buddy and I are so thankful we knew Isabel and had her for our friend. We will miss her so much!

(Becky Reynolds)





# Cherished Memories

Isabel - our friend and mentor. Isabel loved to travel and meet new people. She was from the *República de Guatemala*, and her native tongue was Spanish. She was in seventh heaven when she found someone that could speak her language.. I loved to listen to Isabel talk about her grandchildren and their “Annual Play.” This was her favorite time of year when the family was together. When we traveled, Isabel and I would sit around, complain about our purported problems, and she would regale me with stories of her childhood. She was a mischievous child and carried that into her adulthood. I could sit for hours and listen to her talk about the little “tricks” she pulled on her father and family, and the naughty things she tried to get in to as an adult. There was never a dull moment with Isabel. One story she told is how a relative asked her to teach him a bit of Spanish” so he could speak to the family. Of course Isabel taught him all the bad cuss words she knew. As usual, the minute the relative spoke the words believing he was having a really nice conversation, Isabel’s father knew what she was up to! I loved Isabel’s meals. She believed the best way to learn how to make something, was to do it. She would either bring the ingredients or have me buy them, and she would come over and watch me make whatever dish I wanted. During our last trip, she made a special asparagus dish that I loved, and told everyone she made it just for me. I ate it all. She collected cookbooks and according to Frank had hundreds. Bob loved to tease Isabel. He would tell her she didn’t know how to cook anything but a 7 course meal - which is true. Isabel always insisted that she didn’t cook that much. In line with her cooking, Isabel’s favorite pastime was going to the grocery or kitchen knick-knack store. Bob’s last words to Isabel when leaving a campsite was always, I’ll wake you at 6 a.m. She would shake her hand, and say, “I don’t think so.” Isabel liked late night hours and late mornings.

Frank intends to stay home this winter and reflect on all the good thoughts of the last 49 years, 10 months and 4 days with Isabel. Isabel, you were like a sister to me. Special friends brighten our days. Isabel and Frank have always brightened ours. She will be deeply missed.

(Glenda & Bob Angus)





# A Moment Captured



*Isabel Casen*  
19 September 2012



*Isabel - friend and mentor*



**2 November 2011**



# Isabel A friend to everyone



**3 November 2011**



29 January 2012





# Cabot Trail



Isabel

Frank

8 August 2012





*Eileen Haden & Isabel  
2012*



*Never a dull moment  
with Isabel*



*Frank & "his Isabel"*



**Canada - 2012**



# Precious Moments



Brackley Beach - Canada  
31 July 2012  
St John, Canada  
8 September 2012





# Isabel



Spinakers Landing  
31 July 2012  
A beautiful lady - Fun loving & caring



*Judy & Isabel Cason*



*Frank & Isabel, 11 July 2012*

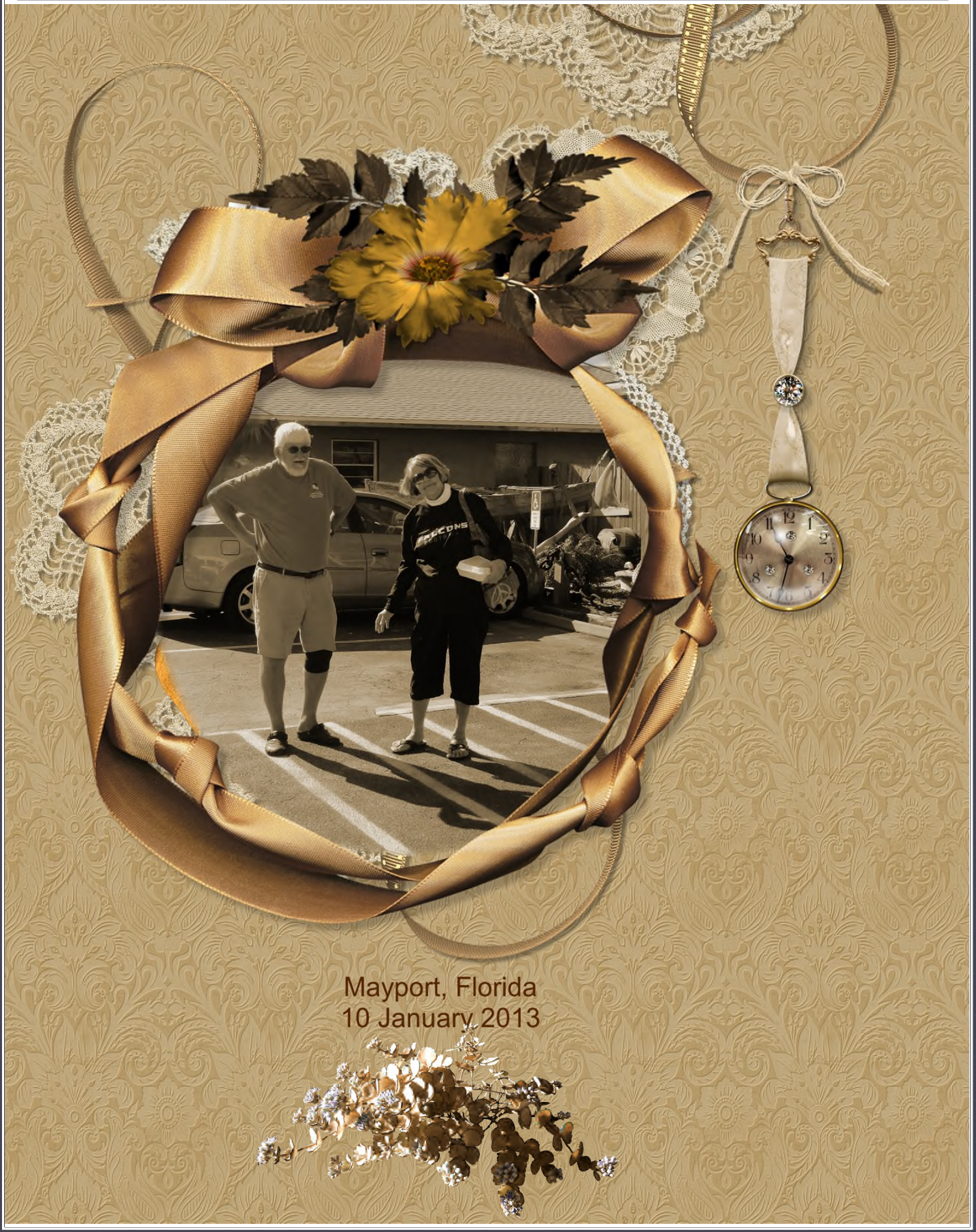


**N**ever **T**o **B**e  
**F**orgotten



Isabel, Frank, Bob,  
Glenda  
Hank, Judy & Eileen





Mayport, Florida  
10 January 2013